

# the oath

I, \_\_\_\_\_, hereby recognize  
that I have made some decisions in my life without connecting to my spirit self.  
I take full responsibility for those choices and accept  
the consequences that have come with them.

However, today and every day after,  
I am letting go of my old behavior patterns and  
connecting with my spirit self as a guide for future choices.



\_\_\_\_\_

signature

\_\_\_\_\_

date

